

Reflective Supervision/Consultation (RSC)

RSC is supervision or consultation that distinctly utilizes the shared exploration of the parallel process. In addition, RSC relates to professional and personal development within one's discipline by attending to the emotional content of the work and how reactions to the content affect the work. Finally, there is often a greater emphasis on the supervisor/consultant's ability to listen and wait, allowing the supervisee to discover solutions, concepts and perceptions on his/her own without interruption from the supervisor/consultant.

Peer supervision (defined as colleagues meeting together without an identified supervisor/consultant to guide the reflective process), while valuable for many RSC experienced practitioners, does not meet the criteria for endorsement, even if one or more of the peers has earned endorsement at Category IV-Clinical or Category III. The provider of reflective supervision is charged with holding the emotional content of the cases presented. The ability to do so is compromised when the provider is a peer of the presenter. Unnecessary complications can arise when the provider of reflective supervision has concerns about a peer's ability to serve a particular family due to the peer's emotional response AND the provider and peer share office space, for example.

A list of qualified providers of RSC can be found within the [Reflective Supervision Registry](#)
RSC Endorsement® Requirements

Endorsement Applicant	Provider of RSC for Applicants earning Endorsement
Infant Family Specialist (Category II) Bachelor's prepared	Category II Master's prepared OR Category III or L IV-Clinical Min. 24 clock hours
Infant Family Specialist (Category II) Master's prepared	Category III or IV-Clinical Min. 24 clock hours
Infant Mental Health Specialist (Category III) Direct service provider	Category III or IV-Clinical Min. 50 clock hours
Infant Mental Health Mentor – Clinical (Category IV-Clinical)	Category IV-Clinical Min. 50 clock hours